



# Eye Associates Northwest, PC

## **1 WEEK POST OP INSTRUCTIONS FOR EYELID SURGERY**

Emergency Number **206-215-2020**, 24 hours

### **Activity:**

- You may resume normal activity. Gradually introduce activity as tolerated. Depending on your surgery you may need more time.
- It is ok to lay flat
- It is ok to shower and let the water run over your face
- No swimming for 2 weeks after your surgery date
- It is ok to resume contact lenses in 1 week

### **Wound Care/ Dressing:**

- Stop using the plastic eye shields

### **Medications:**

- Decrease antibiotic ointment to 2x day to incision sites for 1 more week then stop. No need to put in the eye.

### **Compresses:**

- You are welcome to continue cold or hot compresses as needed for comfort although not required

**If you have any unusual bleeding, swelling, or uncontrolled pain, during office hours call 206-215-2020.**

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