



Eye Associates Northwest, PC

Chalazion Post-Op Instructions

Beginning today:

- Apply a warm compress to the affected eyelid four times a day for at least a week. By doing this you will promote drainage of the gland and help prevent future occurrences of a chalazion.
- Lightly massage the affected eyelid after the warm compress to promote comfort and continued drainage of the glands.
- Apply eye ointment twice a day for one week, on to the affected area and into the eye – this can cause blurred vision, do not be alarmed, this is expected.

Frequently Asked Questions:

- Q. Will my eyelid swell? How long should I expect for the swelling to subside?
- You may notice some swelling/bruising in the area. The swelling/bruising will subside in roughly 1 to 2 weeks.
- Q. Are bloody tinged tears normal?
- You may notice some bloody tinged tears for the next 24-48 hours. This is common and nothing to be alarmed about.
- Q. My eyelid is droopy/lower than normal.
- A droopy eyelid following this procedure is common and again nothing to be alarmed about. The eyelid will return to normal within the next day or two.
- Q. Can I shower after the procedure?
- Yes, it is ok to resume personal hygiene including showering after the procedure.
- Q. Can I resume my eyelid scrub/makeup routine?
- You may resume lid scrubs/makeup the next day.
- Q. I am experiencing eye irritation.
- You may use artificial tears as needed for eye irritation.

When to call:

Call us at 206-215-2020, if you are experiencing a significant amount of blood or severe pain.

Thomas S. Copperman, MD