



Eye Associates Northwest, PC

Lesion Post-Op Instructions

Beginning today:

- Apply eye ointment twice a day for one week, onto the affected incision site.

Frequently Asked Questions:

- Q. There is a scab where the incision was made. Is this normal?
- Scabbing at the area site is normal. It is just a sign that everything is healing as it should. The scab will fall off on its own, please refrain from scratching or picking at it.
- Q. Is it ok to shower after the procedure?
- You may resume personal hygiene as normal.
- Q. Are there any restrictions following the procedure.
- You may resume activities as normal following the procedure including physical exercise and travel. However, if you do wear makeup avoid placing it on the incision until it is properly healed.
- Q. I am experiencing eye irritation.
- You may use artificial tears as needed for eye irritation.

When to call:

Call us at 206-215-2020, if you are experiencing a significant amount of blood or severe pain.

Thomas S. Copperman, MD